



ARE YOU A
WORRY WART?



If I didn't have God's peace, I'd be worried about all sorts of things.
What sorts of things do you worry about?

How do you feel when you worry?



Philippians 4:6 - 7

1. Instead of worrying, what two things should you do? p_____ and be th_____
2. When you do these two things, what will God give you? p_____
3. How will this help you stop worrying? _____

These two Scriptures help us find peace within ourselves

Matthew 6:25-33

4. What important things did you learn from this Scripture? (In particular, verse 33)



Who else can we live at peace with?



LET GOD'S PEACE GUARD YOUR
HEART
and
MIND

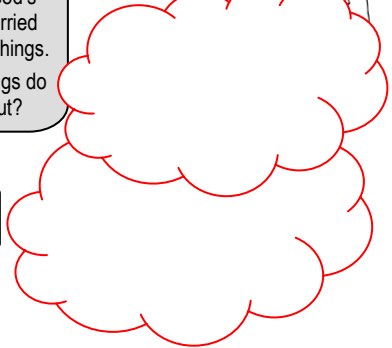


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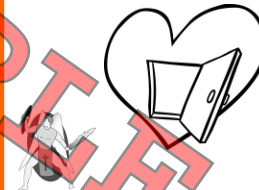
If I didn't have God's peace, I'd be worried about all sorts of things.
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Philippians 4:6 - 7 (NIV)

Instead of worrying, **PRAY** and be **THANKFUL**
SO GOD'S PEACE CAN GUARD YOUR
HEART
and
MIND



Matthew 6:25-33 (especially verse 33)

Put _____ and _____ him and he will _____ your _____



(Romans 5:1)

Who can we live at peace with?
Use the letters in the orange quarts to write a word to finish the sentence.



(Romans 12:18 niv)